

## **Sports Activities**

Airaa strongly believes, sports develop a sense of friendliness among the children and develop their team spirit. We, at Airaa encourage Learners to develop mental and physical toughness by guiding them that sport shapes their body and makes it strong and active. We make it a point that learners actively participate in sports to avoid being tired and lethargic.

The sports department believes that the school sports programme should offer a nurturing environment. A variety of outdoor and indoor sports with age appropriate games offered at the school. Our ground is equipped for cricket, football, volleyball, long jump, throw ball and athletics.

An indoor court is laid down for and two indoor shuttle badminton courts. Facilities for indoor games like chess, carom, table tennis, etc are also a part in bringing about student's 'A healthy mind in a healthy body'. As the time goes, the PT classes are concluded with an energy packed class thereby ready with a punch to their academics.

Sports events are conducted throughout the year and "School House points" also keep our learners get-going and on their feet in performing their best.

Click <a href="here">here</a> for glimpses of Airaa Sports Events!!!

